Sometimes I stand too close to people.

I am almost touching them.

This bothers people.

I can stand near people.

I leave a little space between us.

I will try not to stand too close to people.
Asking for Help

Sometimes I can’t do something by myself.

It is okay. I will try not to get upset.

I can ask for help.

I raise my hand at school. The teacher will help me.

At home, I go to [person] and say, “Will you help me?”

I will try to ask for help when I need it.
Sometimes I laugh when people are not laughing.

This bothers people. It is not funny.

Sometimes people laugh and I laugh too.

This is okay.

It is fun to laugh together.

I will try to be quiet if it is not funny.