## 18.419 Random Walks and Polynomial-Time Algorithms

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## Lecture 3: Convex Optimization II

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Last time, we reduced convex optimization to the following problem:

- Input: convex body K (specified by a separation oracle), R (the side of an origin-centered cube containing K), r (the side of a cube contained in K, if  $K \neq \emptyset$ )
- Output: a point  $x \in K$ , or the declaration "K is empty"

We then gave an algorithm to solve the problem (note m will be defined later, during the analysis):

- 1. Let P be the origin-centered cube of side  $R; z \leftarrow 0$
- 2. Ask the separation oracle if  $z \in K$ . If yes, return z. Otherwise, the oracle returns a, b such that  $K \subseteq \{x : a^T x \leq b\}$ .
- 3. Let  $P \leftarrow P \cap \{x : a^T x \leq a^T z\}$
- 4. Choose random  $Y^1, Y^2, \dots, Y^m$  from P. Let  $z \leftarrow \frac{1}{m} \sum_{i=1}^m Y^i$ . Goto step 2.

We proved last lecture that if z is the centroid of P, then each side of the separating cut contains at least 1/e of P's volume, so  $O(n \log(R/r))$  iterations are sufficient for correctness of the algorithm. For our randomized algorithm, we need to consider the probability that any cut through z leaves a constant fraction of P's volume on each side.

As an illustration, assume we are sampling a single point x from a solid ball  $B_n(R)$  of dimension n and radius R, centered at the origin. Then the expected length of x from the center is computed by integrating over shells:

$$E[|x|] = rac{1}{ ext{Vol}(B_n(R))} \int_0^R g(n) r^{n-1} \, r \, dr$$

and

$$\operatorname{Vol}(B_n(R)) = \int_0^R g(n) r^{n-1} \, dr$$

which yields E[|x|] = Rn/(n+1). If we take a plane at this distance from the center, the fraction of the ball's volume on one side of the cut is exponentially small in n.

The question is now: how close must a point be to the center in order to have a constant fraction of the ball's volume on each side? If the plane is at distance T from the center, the radius of its cross-section is  $\sqrt{R^2 - T^2}$ , and the volume of the smaller part is:

$$\frac{\operatorname{Vol}(B_n(R))}{2} - \int_{t=0}^T g(n) \left( \sqrt{R^2 - t^2} \right)^{n-1} dt \ge \frac{R \cdot \operatorname{Vol}(B_{n-1}(R))}{2\sqrt{n}} - T \cdot \operatorname{Vol}(B_{n-1}(R))$$

$$= \operatorname{Vol}(B_{n-1}(R)) \left( \frac{R}{2\sqrt{n}} - T \right)$$

where we've used the fact that  $\operatorname{Vol}(B_n(R)) = \frac{2\pi^{n/2}R^n}{n\Gamma(n/2)}$ , where  $\Gamma(n) = (n-1)!$  for integer n. So if  $T \leq \frac{R}{4\sqrt{n}}$ , then the volume of the smaller part is at least 1/4 of the total volume. If we then only sample one random point from the sphere per iteration, we expect  $\Omega(n^{n/2})$  trials to reduce the volume by a constant fraction!

Now, as in the algorithm, say we choose  $Y^1,\ldots,Y^m$  and define  $Y=\frac{1}{m}\sum Y^i$ . Wlog, we can say  $E[Y]=E[Y^i]=0$  by centering the ball at the origin. A calculation reveals that  $E[|Y^i|^2]=R^2n/(n+2)$ , and because the samples are independent, the variance of Y is  $E[Y^2]=\frac{1}{m}E[|Y^i|^2]=\frac{nR^2}{(n+2)m}$ . If we set m=32n, the variance is  $\frac{R^2}{32(n+2)}$ . From above, in order to cut at least a constant fraction of volume, we need  $|Y|^2 \leq R^2/16n$ . Then by Chebychev's inequality, we get  $\Pr[|Y|^2 \geq R^2/16n] \leq \frac{16n}{R^2}E[|Y|^2] \leq 1/2$ . Therefore only a constant number of iterations are necessary to cut a constant fraction of volume, with high probability.

More generally, this result holds for any ellipsoid, because an ellipsoid is just a ball under a linear transformation, and relative volumes are preserved under linear transformations (volumes are magnified by the determinant of the transformation matrix).

Now we deal with the general case when K is an arbitrary convex set. First we need a definition:

**Definition 1 (Isotropic position).** A body K is in isotropic position if:

- 1. Its centroid is at the origin, and
- 2. For all v with |v| = 1, and for uniformly random x from K,  $E[(v^Tx)^2] = 1$ .

It will be useful to re-characterize isotropic position in other terms, with the following lemma.

**Lemma 2.** K is in isotropic position iff  $E[x_ix_j] = 1$  when i = j, and i = 0 otherwise; i.e.  $E[xx^T] = I$ .

**Proof:** Say  $E[xx^T] = I$ , and |v| = 1. Then  $E[v^Txx^Tv] = v^TE[xx^T]v = |v|^2 = 1$  by linearity of expectation.

For the other direction, say K is in isotropic position and pick  $v = e_i$  (the unit vector with 1 as its ith entry). Then  $1 = E[(v^Tx)^2] = E[x_i^2]$ . Next, pick  $v = \frac{1}{\sqrt{2}}(e_i + e_j)$ . Then  $1 = E[(v^Tx)^2] = E[x_i^2/2 + x_j^2/2 + x_ix_j] = 1 + E[x_ix_j] \Rightarrow E[x_ix_j] = 0$ , as desired.  $\square$ 

Now assume that K is not in isotropic position. Then  $E_K[xx^T]=M$ , which is semidefinite, because for all y=cv with |v|=1,  $y^TMy=E[(y^Tx)^2]=c^2E[(v^Tx)^2]>0$ , since K is full-dimensional. Therefore  $M=B^2$  for some symmetric matrix B. Let's now apply the linear transformation  $x\to B^{-1}x$  to the space, and define  $K'=\{B^{-1}x:x\in K\}$ . Then for random  $y\in K'$ ,  $E_{K'}[yy^T]=E_K[B^{-1}xx^TB^{-1}]=B^{-1}E_K[xx^T]B^{-1}=I$ . Then K' is in isotropic position, so from now on we will assume wlog that K is in isotropic position because ratios of volumes are preserved under linear transformations.

We will complete the analysis of the algorithm with the following theorem.

**Theorem 3.** For an isotropic convex body K, any cut at a distance t from the centroid has at least  $\frac{1}{e} - t$  of its volume on each side of the cut.

We will prove this theorem a bit later. For our purposes, we will need t < 1/e. In fact,  $E[t^2] = E[|Y|^2] = \frac{1}{m}E[|Y^i|^2] = n/m = 1/32$ , by linearity of expectation and the definition of isotropic position. Again, by Chebychev's inequality, we conclude that the algorithm terminates in  $O(n \log(R/r))$  iterations in expectation.

To prove Theorem 3, we will need the following lemma:

**Lemma 4.** Let y be the variable of distance along direction a, and let K be a convex body. Define f(y) to be the (n-1)-dimensional volume of the cross-section at distance y, divided by Vol(K) (so  $\int f(y) dy = 1$ ). If  $\int y^2 f(y) dy = 1$  (i.e., K's second moment is 1) and  $\int y f(y) dy = 0$ , then  $\max_y f(y) < 1$ .

We will prove the lemma after applying it. Note that an isotropic body fits the conditions of the lemma.

**Proof of Theorem 3:** In the language of Lemma 4, let a be normal to, and in the direction of, the plane of the cut. Then the volume ratio is at least  $1/e - \int_0^t f(y) dy \ge 1/e - [\max_y f(y)] \int_0^t dy \ge 1/e - t$ , as desired.

**Proof of Lemma 4:** we proceed in a way much like last lecture's proof of constant-ratio cuts. First assume that K is the body which has the largest  $\max_{y} f(y)$ . Now symmetrize around a, i.e. each cross section of K normal to a is replaced by an (n-1)-dimensional ball having the same volume as the cross-section. As we have already seen, the body remains convex,  $\max_y f(y)$  remains the same, as do the first and second moments. Assume now wlog that f(y) is maximal at  $y^* \geq 0$ , and examine sections  $K_1, K_2, K_3$  given by y < 0,  $0 < y < y^*$ , and  $y^* < y$ , respectively. Define the moment about the centroid  $\overline{y}$  to be  $I(K) = \int (y - \overline{y})^2 f(y) dy$ . Now replace  $K_1$  by a cone of the same volume, with same crosssectional area at y=0 and base at some  $y\leq 0$ . Replace  $K_2$  by a truncated cone (possibly having smaller volume), retaining cross-sectional areas at y=0 and  $y=y^*$ . Replace  $K_3$ with a cone of same volume plus whatever was lost from  $K_2$ , with same cross-sectional area at  $y = y^*$ . In all of these transformations, mass moves away from the centroid, so the new moment I(K') cannot be smaller. If it is larger, we can "squeeze" the body inward along a and expand it orthogonal to a (increasing its cross-sectional areas) until its moment is again 1. But this contradicts the assumption that we started with the body of largest  $\max_y f(y)$ . Therefore the above operations do not move any mass.

We now describe the body having the largest  $\max_y f(y)$ . By the above, its ends must consist of cones and its middle of a truncated cone. A cone with base area equal to the cross-sectional area at  $y^*$  has a larger moment of inertia than K'. Finally, a cone with  $\int y^2 f(y) \, dy = 1$  and  $\int y f(y) \, dy = 0$  has  $\max_y f(y) = \frac{n}{n+1} \sqrt{\frac{n}{n+2}} < 1$ , and we are done.  $\square$